

Rio Dell-Scotia News

Wildwood Days wrap-up see page 3.

Rio Dell lauded for improvements

Recent upgrades in the city have gotten some thumbs up from Rio Dell residents. Dave Silverbrand, reporter for North Coast News on the local ABC-TV affiliate, KAEF-TV, did a recent segment about the paving of local streets and found residents happy with the improvements. The city's interim finance director Cheryl Dillingham explains it's part of the five-year plan the city council approved, naming such improvements a primary goal, and using considerations such as which streets will need to be torn up later for infrastructure work to prioritize the order in which they are done.

In a memo City Manager Kyle Knopp provided to the council last December the total cost is estimated at \$1.8 million over five years, or just over \$362,000 per year. This year's slate of work that was completed in July included Eeloa, Dixie, River, Butcher, Rio Dell, Painter, South Ogle and Spring streets.

Dillingham notes financing came from several sources, including \$412,580 in revenues from Measure J, \$406,654 from cannabis taxes and \$55,526 from cannabis fees for the current fiscal year.

Hearing that Facebook had excited comments about the upgraded river trail access at the end of Davis Street, City Clerk Karen Dunham checked it out and said of the work, "Kudos to our boys." Randy Jensen, water /streets superintendent, spearheaded the project with the Public Works utility crew. It had been on the list of things to get done for a long time, Jensen noted, and so they took a couple days and got the trail leveled out and cleared of brush and tied it in with a quad trail that exists there as well.



About a year ago the city put up a "River access" sign and indicated a parking area that didn't infringe on the land of the adjacent River's Edge campground. Someone in the past had dug steps into the hill but they were no longer useful, Jensen notes. "Elderly people would say they couldn't go down there. We care, we want to help," Jensen said, adding, "People want to get outside and walk." Plans include keeping the trail from getting overgrown.



Remember to vote – yay or nay - in the recall election

A recall election is being held for California Governor Gavin Newsom. All registered voters in the state should have received a ballot in August that can be mailed in. For those choosing to vote in person, election day will be Tues., Sept. 14. Those who have misplaced or never received a ballot can vote provisionally (meaning this ballot will count after it has been determined that others issued to that person have not been turned in) on that date. Rio Dell will have in-person voting while Scotia will not.

The recall has two parts, the first question being whether one wants Newsom recalled. The second part, which only pertains to those who do vote in favor of a recall, is who should be named governor in his place. More than 40 people have completed the required paperwork to be on the ballot. If more than 50 percent of voters indicate they want Newsom recalled, whomever gets the most votes in the second question will be named governor.

There have been 179 recall attempts in the past 98 years in California, which is one of 19 states that allows recall elections; 55 were for governor and others for other elected officials, according to the Secretary of State's website. Of them, only 11 attempts received sufficient signatures to be put on the ballot, and six resulted in a recall; just one other attempt to recall a governor was successful, in 2003 when Grey Davis was replaced by Arnold Schwarzenegger. In that election, 135 people qualified to be on the ballot, but only four received more than one percent of the vote. Nationwide, it was the second time in U.S. history that a governor was recalled, the first being in 1921 in North Dakota.

If the recall succeeds, a new governor will take office 38 days later, allowing the time required for county elections officials to tally the results and the secretary of state to certify them. Either way, the person serving as governor will be up for re-election in 2022 when the current term expires.

NEWS AND NOTES

Work underway at new site of Scotia Bluffs Community Health Center



The former Scotia Hardware store is deep into its transition to the new setting for the Scotia office of Southern Trinity Health Services. The plan is to move from its present home in the former Scotia Hospital into the new facility around the first of the year according to



chief operations officer Tracy Waid. The 10,000 square-foot building will house the same medical, dental and behavioral health offerings now available, she says, but there will be much more room to accommodate more patients, and a larger lab.

Scotia school changes student drop-off spot

Due to the gymnasium replacement project, the student drop-off and pick-up location has been moved. School superintendent Amy Gossien asks that parents drive up B Street (passing the medical center), turn left onto First Street, and drop off their students at the curb where the bus usually parks, and then turn left down Church Street.

Remember these monthly offerings

Two opportunities to get needed food supplies continue each month: Food for People's mobile produce truck is at the Rio Dell fire hall on the second Wednesday of each month from 10 a.m. to 1 p.m., and commodities are available at Journey Church on the third Thursday of the month from 9 a.m. to noon.

New website to find how to get Covid vaccine

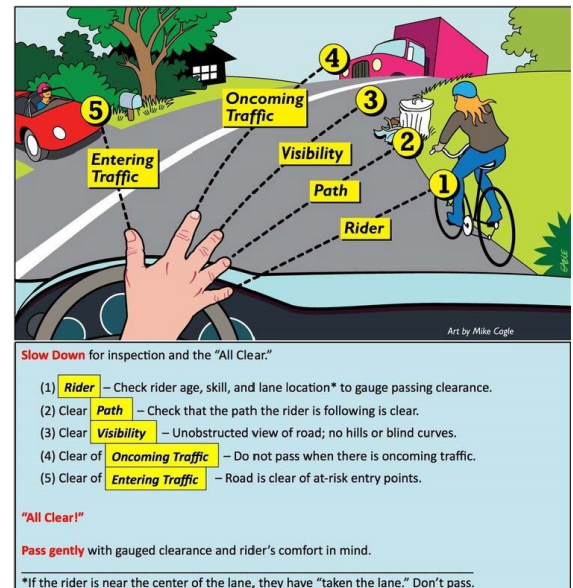
Covid vaccinations are open to everyone 16 and over now, and Pfizer's has been approved for those 12 to 15. A new state-wide website (replacing the one run by Humboldt County) lets you be notified of opportunities to get the shot so sign up here: [MyTurn.ca.gov](https://myturn.ca.gov). [It provides a place where those needing a ride to the site for the shot can indicate that](#)

Safety tips for drivers meeting bicyclists on the road

By Jennifer Weiss,

People cycle for different reasons. Some are focused on improving fitness levels and weight loss while others rely on bicycling for transportation. No matter the reason, there is a bonus: a benefit to mental health. Studies show that cycling helps keep stress levels down by reducing cortisol, the "stress hormone" in our systems. High levels can interrupt restful sleep which can adversely affect your frame of mind. Cycling also supports the increase of serotonin (which can improve sleep patterns) and endorphins, chemicals produced by the body to relieve stress and pain, and improve your mood. Anxiety is another condition which can be aided through bicycling. Getting outside in natural light will promote vitamin D intake and the natural light can also help with seasonal affective disorder. Some people have also reported a reduction in blood pressure after a short bike ride.

As a motorist, being mindful and courteous when driving alongside or passing a bicyclist will go a long way to help that person feel safer and more confident. A cyclist who has 'taken the lane' feels it is dangerous to ride that section of roadway along the shoulder, likely because it is too narrow for both a bike and vehicle. Do not pass until the cyclist has moved back to the side of the road.



Bicycling can be built into a routine such as a commute to work or school, so people are more likely to stick to it and have the option to ride alone or with others. It also works out to be less expensive than exercising in a gym that requires a membership. Humboldt County weather is fairly balmy year round and with the right gear, bicycling can be a great option not only for transportation and health but improving mental health as well!

Have a safe and happy Labor Day —Sept. 6

Wildwood Days features traditional favorites, fireworks

The 50th anniversary of Wildwood Days took off with a bang – literally, as a fireworks show widely appreciated by a number of online posters was a new feature, taking place Saturday night. Many other features were traditional. Friday was kids' night with bouncers and rides in go-carts and fire trucks and the Ernie Cannady Car Cruise and BBQ at DJ's Burger Bar, with music by Midnight Special and a separate street dance following at 9 p.m. Saturday saw a fun run, the library book sale, vendor fair, bocce tournament, a continuation of the previous night's Dennis Wendt Softball Tournament, an afternoon music fest and early evening dinner leading up to the fireworks.

The parade at noon was emceed by Second District County Supervisor Michelle Bushnell. The Shriners were honored for their participation each year, and family members of Shriner Jim Widdoes of Fortuna who died in the past year rode in the parade. DJ's Burger Bar got the best overall float award and Cornerstone Realty of Fortuna was honored for best use of theme. Gary O'Neal with his black, Chevy Nomad won best vehicle. Prizes were sponsored by the Chamber of Commerce.



Best overall float DJ'S Burger Bar



Best vehicle in parade Gary O'Neal, Chevy Nomad



Best use of theme in parade Cornerstone Realty

Duck race winners named

Due to lack of water in the river, the duck race winners were determined by drawing names. First, second and third place winners Aldie Barrote, Sharon Steeves and Melissa James, won \$500, \$200, and \$100 cash prizes, respectively. Steeves also won a large pizza of the month from The Pizza Factory. Jennifer Lourenzo netted a two-night stay at the Scotia Lodge. Kyle Anderson and Rusty Broadstock each received a \$200 gas card sponsored by the Town of Scotia.

Shailah Royball and Troy Bugbee each got a \$100 gas card from Valley Pacific (formerly Renner). Garrett Griffith won a half-day patio boat rental from the Ruth Lake Marina and Becky Giacomini won paint ball play for two. Joe Rocha Jr. won an hour's massage from Massage of the Redwoods and Fred Brinkley won a fishing rod and reel from Grundman's. BJ Pattison won a solar radio and flashlight from C Crane and Jen Broadstock won a \$25 gift card from Jitter Bean.

The Scotia Volunteer Fire Department thanks its supporters, who donated prizes and purchased ducks.

Car show winners announced

Meanwhile over at City Hall the car show drew 70 vehicles from as far away as Brookings, Oregon as well as from throughout the county. The Peoples' Choice award, sponsored by Automotive Workshop in Rio Dell, went to Ron Eldridge of Fortuna with a 1969 Chevelle. Participants' Choice sponsored by NAPA 101 went to Joe Gastonguay of Brookings, Oregon with a 1939 International pickup truck.

Peace Officer's Choice, sponsored by the Rio Dell Peace Officers, went to Randal Cady of Ferndale with a 1961 Corvette. Fire Chief's Choice, sponsored by Ferndale Jewelers of Fortuna went to Bruce Willis of Redway with a 1966 Chevelle. The Ruby Holmes Memorial, sponsored by the car show, went to Bert Silva of Rio Dell with a 1970 Mustang Boss 302. Best of Show, sponsored by Kreations of Rio Dell, went to Troy Bishop of Klamath with a 1939 Ford. (Continued on Page 4)



More photos from Wildwood Days compliments of Rio Dell Fire Dept.



Shriners Float



Bocce tournament



Men's softball



Women's softball



Just hangin' out!



Family members of Shriners Jim Widdoes who was longtime participant of parades



Rio Dell -Scotia Chamber float



Shriners Float



Flags on parade



More Shriners



Vendors



Concentration!!!



Buying a Duck?



Want to go racing ?

FALL EQUINOX ————— SEPTEMBER 22

Rio Dell-Scotia News

Is free of charge and published on the first of each month by the Rio Dell-Scotia Chamber of Commerce and the Rio Dell Community Resource Center. Funded by local businesses and the St. Joseph Health System. 650 copies distributed in Rio Dell, Scotia, and Fortuna

Copyright © 2021

Submissions deadline for October newsletter copy is Sept. 10

Call the Rio Dell-Scotia Chamber of Commerce at

506-5081 to advertise.

St. Joseph Health

St. Joseph • Redwood Memorial