

Come sign up for Backpacks for Kids Food Program

The Backpacks for Kids Program provides income-eligible children with a bag of kid-friendly food each week during the school year. Food for People provides the food for the program and dedicated community volunteers pack and deliver the backpacks to each school site. Each bag contains enough food for breakfast, lunch, and dinner for two days.

Funding for Backpacks for Kids is provided by local service clubs, grants, and individual donors in the community. Volunteer support is donated by service clubs, local nonprofits and others who help the program run smoothly and efficiently. Backpacks for Kids is truly a collaborative effort, and it takes a community to make the program successful.

Families from the Rio Dell School District may come sign up for a bag for their child at the Community Resource Center located inside the Elementary School's main building.



Rio Dell-Scotia

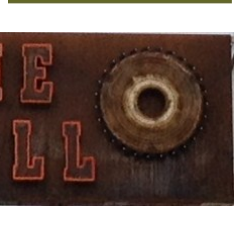
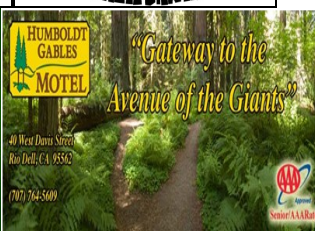
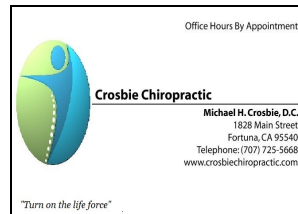
VOL. XIII NO. 9

~AROUND TOWN~

SEPTEMBER 2014

FREE COPY

The Rio Dell/Scotia Chamber of Commerce would like to give a big thank you to our sponsors for the Rib Cook Off at Wildwood Days. Thank you to:



Join the River Clean-up!

The first annual Eel River Clean-up will be Saturday, Sept. 6 from 10 a.m. to 3 p.m. Meet at the bottom of Edwards Drive in Rio Dell, which is the road next to Mingo's Sports Bar. Responsible ATV riders are needed to help haul bags of garbage from the river bar, which is too soft to be safe for larger vehicles. Lunch will be provided at noon, and there will be a drawing for prizes at the end of the clean-up. Wear sturdy shoes or boots, and bring gloves and shovels if you have them. There will be trash bags and sunscreen. Maddie Cole of Rio Dell, 17 years old, who volunteers at the Chamber of Commerce, planned this event. Sponsors include Eel River Disposal, CC Market, Kreations Auto Body, Headwaters Foundation, Pizza Factory, American Rivers Association, Nick Angeloff, Dias Artistries, Chapman's Gem and Mineral Shop, Legacy Electric, Angelo's Angels, and DJ's Burger Bar.

BUSINESS REVIEW

River House Assisted Living

~ River House offers Beautiful Setting, Family Atmosphere ~

Rio Dell's River House offer's assisted living to elderly men and women in a spacious and beautiful home surrounded by gardens. Owners George and Peggy Patmore are both licensed residential care administrators, and have six residents.

"We know everyone personally, so things don't get by us," Peggy says of the facility's small size. "We are aware of their medications and notice any changes starting to happen with their health." Peggy adds she first got experience in elder care when her mom had a serious stroke 16 years ago. She helped her mom, who recovered and today lives independently.

The home, at 510 Painter Street, was built in the 1950's by the Bertain family, who ran dry cleaning and laundry businesses in Scotia and Fortuna. It has many rooms for their 10 children, according to George. The Patmores, natives of Scotia, have spent their lives in Humboldt County. They purchased the home 17 years ago, and raised their four children there. Finding themselves with extra rooms as the children grew up, they began to open their home to others.

River House offers many socializing areas, and numerous windows offer views to colorful gardens and inviting outdoor spaces, which include bonsai plants maintained by one of the residents. Three dogs wag greetings, George banters with residents in the spacious kitchen, Peggy laughs as she introduces groups of visitors arriving in clusters up the circular, shaded drive on Sunday afternoon.

For more information about this facility, call 707-764-5505

ARTIST OF THE MONTH

Jim Brickley, License # 696031
707-247-3507; 707-223-5788
920 Curtis Lane
Rio Dell, CA. 95562
brickley@sonic.net

Mr. Brickley donated his time to paint the signs at the Chamber of Commerce/Arts District this past month and the quality of his work merits classification as **Artist of the Month**.

Jim and his wife moved to Rio Dell in March of this year. They have a daughter and 2 grandchildren. Jim and his family lived in Piercy while they raised their children. They are members of the Kiwanis club from Piercy, Jim is a Veteran and loves to ride his Harley with his wife. He has been a licensed painting contractor since 1990 and spent most of his time in Southern Humboldt and Northern Mendocino. He has painted Ray's Market in Garberville, Sentry II Plaza, Umpqua Bank, DMV office, the Meadows Business Park and multiple residences. The services he provides are pressure washing, staining, drywall repair, interior and exterior painting and some light carpentry, all with an eye for detail. Jim has the skill and professionalism that most people seek when it comes to painting their homes and businesses.

IMPORTANT PROCEDURE CHANGE at the Rio Dell/Scotia Pantry

Per USDA regulations, there is a procedure change that affects Scotia pantry food distributions. This policy change will become effective in September 2014, as noted below, and will continue every month thereafter. This change will affect the number of households we can serve each day. Please plan and make arrangements accordingly.

There will no longer be set days for clients to receive their commodities based on last name alphabetical order. Distribution will be conducted through walk in appointments, on a first come-first served basis. There is a limit to how many households can be served on each day.

Effective September 2014, the pantry distribution hours and households served will be as follows:

Thursday, 9/18/14: Pantry opens at 10 a.m. Pantry closes after the first 75 household appointments are served OR 12 noon, whichever comes first.

Friday, 9/19/14: Pantry opens at 10 a.m. Pantry closes after the first 75 household appointments are served OR 12 noon, whichever comes first.

The amount of food distributed to clients is not changing. There will be equal portions of bread and produce distributed both Thursday and Friday; starting at 10 a.m. on a first come-first served basis.

Please be patient with the volunteer staff who are working hard to help you!

Thank you for your attention and we appreciate your cooperation. The volunteers at Bread for Life look forward to serving the households of Scotia and Rio Dell.

VOLUNTEERS NEEDED

Eagle Prairie Art District
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Commerce needs volunteers to
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Volunteers Needed!

The Rio Dell/Scotia food bank, Bread for Life, needs some extra hands to help out on the third Wednesday, Thursday, and

Friday of every month with Food for People's commodities delivery and the food distribution to our clients. Heavy lifting of cases of canned goods up to 50 pounds is often required particularly on the third Wednesday of the month for the commodities delivery to the food bank.

The need our local food bank meets for the over 100 families it serves each month is a very important one; if you or anyone you know is able to help us keep meeting our neighbors needs please call the Rio Dell Resource Center at 707-764-5239.

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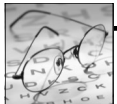
No Ifs, ands or Butts for Him

David Griffith, Sr., is a man on a mission. The Rio Dell native, an avid walker, became disgusted by the frequency with which he saw cigarette butts left on the city streets and sidewalks. So, he decided to do something about it. He collected about 40 large coffee cans, painted them white, and set them out where he found lots of butts on Wildwood Avenue, Rio Dell's main street. Griffith has been doing this for a few months now, and collects the butts from the streets and sidewalks as well as the cans, while he walks his dog, bringing the trash bag full of his work to the city council meetings.

Griffith, who quit smoking nearly 30 years ago, remembers an earlier time when people took more pride in the appearance of the city. "People used to sweep their walks and not litter," he recalls, reporting that some days he finds a couple dozen new butts on the sidewalks the day after he cleaned up the old ones. He would like to see the city stiffen its stance against littering, to help keep the city looking good for visitors and residents alike. "At Ruth Lake, the CDF fines people \$1000 for tossing out a cigarette butt" he notes.

He vows to keep up his project, and is expanding to Scotia, where he notes there are also tossed butts and businesses eager for his help.

Story by: Tracy O'Connell



Brian Calvert O.D.

~family eye care~

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The Strong and Better Balance Program

Strong and Better Balance Program is for seniors or anyone wanting to strengthen their bones or better their balance to prevent falls and broken bones. This program is **FREE** of charge to attend! The group will be meeting at 12 noon-1pm every *Wednesday and Friday* at the Baptist Church (100 Butcher Street, Rio Dell). Come on out and join the many that are already attending! If you would like more information please call 707-764-3025 or 764-5862.

764-5617



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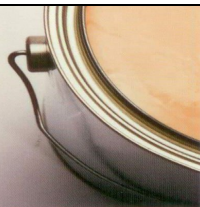
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Mobile Engagement Vehicle (MEV)

The MEV van and Food for People's Free Choice Style Market truck will be at the Rio Dell Volunteer Fire Department on September 10th. The MEV can assist community members in exploring county resources they may qualify for and signing them up for those services. Both the MEV and Produce truck will be open to assist you from 1-3 p.m.

Rio Dell-Scotia News

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Deadline for submissions for 10/2014 is 9/19/14
Please call 506-5081 for Ad submissions

Created by the Rio Dell Community Resource Center
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