~Artist of the Month~

Eva (Creature) Penkert

A traditional artist, Creature dabbles in a vast array of mediums. Visual art, painting, acting, and creative writing are all art forms that Creature is prolific in. However, no matter the medium, Creature most often derives her inspiration from fantasy, nature, and tattoo art.

She is currently writing two fantasy novels, looks to study the art of tattooing, and, in between being a mother and visual artist, hopes to pursue acting.

Eva brings a great sense of color and detail to the gallery, and even has something for the kids. Here coloring books are a wonderfully interactive display of her talents, and lead the inquiring connoisseur to wonder if she will be illustrating her fantasy novels.

Eva (Creature) Penkert is showing at The Eagle Prairie Art Gallery & Gift Shop inside the Visitor Center, 406 Wildwood Ave, Rio Dell, Ca

Rio Dell-Scotia

--×--- ~AROUND TOWN~

NOVEMBER 2014

Nurturing Parenting Workshops Coming to Rio Dell!

The Nurturing Parenting Programs are a family-centered initiative designed to build and support nurturing parenting skills. The community based program the Rio Dell Community Resource Center will be featuring consists of 10 workshops that parents can attend independently based on the topics that interest them or in a series of a few to all 10 classes. The entire series runs for 5 weeks. These workshops are free!

Lessons include:

- 1. The Philosophy and Practices of Nurturing Parenting
- 2. Ages & Stages of Growth for Infants & Toddlers
- 3. Ways to Enhance Positive Brain Development in Children & Teens
- 4. Communicating with Respect
- 5. Building Self-Worth in Children
- 6. (Inderstanding Feelings
- 7. Understanding & Developing Family Morals, Values & Rules
- 8. Praising Children & their Behavior
- 9. Alternatives to Spanking
- 10. Learning Positive Ways to Deal with Stress & Anger

The first workshop will meet Thursday November 6th from 5-6:30 p.m. in the main Building of Eagle Prairie Elementary School. There will be free Childcare offered for those who bring their Children (Can supervise up to 10 kids per Class). Snacks, coffee, and other refreshments provided. The workshops will continue to meet every Tuesday and Thursday at the same time and place until the series is complete. We will run through the topics in the order they are listed above.

In the spirit of the holiday season approaching the Community Resource Center is offering a small Thanksgiving turkey box to the first 5 families that attend 2 of the workshops before the week of November 24th.

To sign up for a workshop or for more information please call Jennifer at 707-764-5239.

Eagle Prairie Elementary School Report

Ms. Miguel's Class

Ms. Miguel's class will finish up their science unit on dinosaurs by performing their dinosaur songs at the Panther Pride Assembly on Friday. They will be moving on to study spiders next. Kindergarten is currently in the reading theme "Colors All Around". They are learning to recognize their colors and the color words. In math they are finishing up their first chapter in the new math adoption, "Numbers o to 5". Ms. Miguel is experiencing her own learning curve in getting her head around a completely different order and pacing of the material, but she enjoys a challenge! The students met their Big Buddies for the first time the last week in September and they are really looking forward to the next time.

Ms. Miguel and Mrs. Barrote have decided to change to the County wide online assessments offered through HCOE so they can be on the same page with most of the other kindergartens in the Humboldt County. This assessment tool also provides us with a report card that is specific to our TKs. The first assessment window closed October 3i; it will be interesting to see the growth in November when we test again.

1st Grade Mrs. Brobreg's

In first grade, Mrs. Broberg's class is off to a great start! We are a class full of readers, and are moving quickly through the anthologies. Many students are learning long vowel sounds and reading them successfully. Thank you to the kindergarten teachers for wonderful job of getting them ready to read! In Math, we are practicing our addition facts and our doubles facts. We are adjusting to the common core math materials, but they are still taking some effort! The training last week was helpful. We have earned our first marble jar party, and most of the students requested a field trip!. The students want and need to get out and explore more often. Luckily, we will be going to the pumpkin patch and hopefully a play in Ferndale soon!

Mrs. Holmgren's Class

Mrs. Holmgren's class has just finished reading "Year of the Boar" and "Jackie Robinson". The author of the book uses a lot of similes and metaphors, so it becomes a secondary lesson to plot sequencing. We are finishing up place value in the new math series. We are studying the Iroquois in History and the circulatory system in Science. We just finished volleyball season. Shan Grundman did a marvelous job with both teams. We had a successful io team tournament. Girls basketball started this week. We will have three teams and the first games start in two weeks. Tessa Foster, Kim Quintal and Cassie Fontaine are coaching. We are still looking for someone to run the snack-shack. Mrs. Claus did a great job with it for volleyball.

Miss. Brittany Miranda's Class

Math: We have wrapped up place value! Having hands on manipulative has helped students gain a better understanding of place value and what it really means. We have moved on to adding and subtracting whole numbers and checking our work by comparing our answer to an estimate. The students are enjoying estimating and connecting it to real world situations.

Reading and Language Arts: We are in the middle of our first class novel "Fridle". The students are really enjoying this book, because they feel they can relate so well to the characters. They compare instances that happen within our own school. We celebrated being half way through the book by painting pumpkins to look like our favorite characters. That was a fun day!

Science: We are still working on the first science unit and have learned about ecosystems and more recently food chains and food webs. Students have had a lot of fun using animal cards to create their own food chain and food web and figuring out which animals belong in certain types of ecosystems. We will be wrapping up science next week and begin Social Studies!

P.E.: "Rotates", have been a success in my eyes. Students enjoy learning new skills and being able to apply them to a

new activity every week. We have finished soccer and are moving on to basketball.

Tech: I have taught my students the basics of power point, and we are working towards the fun details now.. such as adding music and movement and moving graphics. Students have also been continuing on with a typing program, where they are tracking their progress and watching their typing speed increase as they move through the levels.

Mrs. Hubner's Class

They are falling right into the season with their nature reading themes and their continuous owl line drawings. 3rd graders are learning the addition properties of math and the 2nd graders are reviewing addends, doubles and fact families, and making tens Students are of course steadily working on their multiplication math facts and making ample growth. Students' fluency is progressing nicely with half the class advancing one level or two levels already. The excitement of Halloween is already in the air and we are looking forward to the festivities.

Mrs. 0' Hara's Class

The student's in Mrs. O'Hara's class are learning more about our first peoples. They have been learning about the Anasazi, reading about their culture, and making their own pottery bowl using the same techniques as the Anasazi, except the students' bowls will be fired in our kiln, not in a wood fire. In science the students have finished their life science studies and are moving onto electricity and magnets. In writing have moved to multi paragraph and are learning not only how to type their essays but also how to import pictures which will help them as they turn their history reports on First Peoples into powerpoint presentations. Math has been challenging as students in fifth grade have been grappling with prime factorization. Language Arts fmds the students working on their comprehension skills, and making connections to their own studies. As you can see, we are very busy learners in room 301!



LIMITED SPACES AVAILABLE.

COME SIGN UP AT THE RIO DELL COMMUNITY RE-SOURCE CENTER LOCATED IN THE EAGLE PRAIRIE ELE-MENTARY SCHOOL- RM, 107.

NEED MORE INFO? CALL US AT 707-764-5239



<u>~Meeting Calendar~</u> Rio Dell/Scotia

Rio Dell Senior Center-

Senior Meeting & Lunch every week at The Church of Christ, 325 -2nd Ave., Rio Dell, 95562.

Meeting time- 10:30-3 p.m. Lunch is catered by CC Market and is served at noon. Please call 764-3629the Monday before to reserve a lunch if you plan to attend.

Senior Brown Bag Program – Food boxes given the 2nd Thursday of every month for local seniors. To sign up call Food for People at 445-3166 or the Rio Dell Community Resource Center at 764-5239.

Rio Dell Library-

Tuesday-11-4, Wednesday- 1-6, Saturday- 11-4

There is Story Time held on Saturday starting at 11a.m. 715 Wildwood Ave, 764-3333.

Playgroup-

Every Friday ages 0-5 with a parent. 10 -noon at Early Head Start building 95 Center Street, 764-5239.

T.O.P.S.-Take Off Pounds Sensibly 9:30 -10:30a.m. Baptist Church 100 Bucher Street. 764-3025. Weigh-in @ 8:00 a.m.

Emergency Food-

The Journey Church, 95 Belleview Ave. Rio Dell, Tuesday & Thursday 9-11:30a.m.

Rio Dell Community Resource Center, 95 Center St. (707) 764-5239 M-F 8:30a.m.-4 p.m.

Bread for Life Food Pantry- 143 Main Street, Scotia, 3rd Thursday, 10noon, & following Friday 10-noon. For more info call 707-764-5239

Clothing Closet-

Ruth's Room: Rio Dell Baptist Church, OPEN Tuesdays 10-1. Call 764-3811 for more information.

Chamber of Commerce-

Meetings are held the 3rd Tuesday of each month 12 p.m. at the Pizza Factory. Call (707)506 –5081 for more info.

Eagle Prairie Arts District Meeting

Meetings are held on the 1st Thursday of each month at 6:30 PM in the Chambers Visitors Center. Call (707) 506 –5081 for more info.



Mon-Friday 8:30 a.m.- 5:30 p.m. 534 12th Street Fortuna, CA 95540 Phone: 707-725-5777 Fax: 707-725-5165 Email: rossinsur-

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Chamber Of Com-

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unteers to meet

Rio Dell Scotia



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Fortuna Dental Center

New patients welcome Mark A. Hise, MS DDS 591 S. Fortuna Blvd. Fortuna, CA 95540 725-0444



Scotia Hardware & Rental

November Specials:

6 ft. folding table- \$34.99 Steel folding chair- \$9.99 Indoor/outdoor digital timer- \$9.99 106 pc. Screw Driver set- \$14.97

open to assist you from 1-3 p.m.

450 pc. Christmas light s colored or clear- \$15.99

Mobile Engagement Vehicle (MEV)

The MEV van and Food for People's Free Choice Style Market

truck will be at the Rio Dell Volunteer Fire Department on No-

vember 12th. The MEV can assist community members in ex-

ploring county resources they may qualify for and signing them

up for those services. Both the MEV and Produce truck will be

Community

115 Main Street, Scotia Phone # 764-1780



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Rio Dell-Scotia News

Deadline for submissions for 12/2014 is 11/17/14

Please call 506-5081 for Ad submissions

95 Center St., Rio Dell, CA 95562. 764-



The Strong and Better **Balance Program**

Strong and Better Balance Program is for seniors or anyone wanting to strengthen their bones or better their balance to prevent falls and broken bones.

This program is FREE of charge to attend! The group will be meeting at 1-2 pm every Wednesday and Friday at the Baptist Church (100 Butcher Street, Rio Dell). Come on out and join the many that are already attending! If you would like more information please call 707-764-3025 or 764-5862.

764-5617 Scotia

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RIO DELL-SCOTIA NEWS

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