# Rio Dell-Scotia News

# Flags unfurled on Wildwood

A return to a former custom – the placing of flags on Wildwood Avenue in Rio Dell during holidays – is scheduled to be launched Memorial Day. The chamber purchased the flags, poles, and needed hardware with funds donated for the purpose by area individuals and businesses. Chamber president Nick Angeloff with helpers dug holes in the median; chamber vice-president Jim Brickley stained the poles to protect them against inclement weather. Others poured concrete into the 60 holes into which flag holders were set.



Flag sponsors include local businesses such as DJ's Burger Bar, C&C Market and Grundman's Guns; dentist David Chin; and area residents Susan Pryor, the Mike Gillam family, Tim and Melissa Marks and Rachael Sovereign. The City of Rio Dell purchased six flags. Many donations came from businesses most people have not heard of, run by individuals eager to play a part in a local community to which they have recently moved, or in which their operations are growing and emerging.

Ventislav Donchev purchased chamber memberships and sponsored food donations for seniors as well as flags in the name of each of four companies he operates, Pirin LLC, Repipeplus LLC, StarParkingSevices LLC and Dobrev Capital LLC. Natura Blu, which has joined in sponsoring chamber efforts such as holiday lighting and supplying food for seniors, also participated in the flag effort, along with Ali Baba Farms, Big Daddy-O Farms, Big Fir Farms, Hettenshaw Farms and Humboldt Logistics.

In addition to the placement of American flags during holidays such as Flag Day, July 4, Labor Day and Veterans Day, a local collection of world flags has been offered for display to salute the nations of the world emerging together from the Covid-19 pandemic.

## Remote work in the age of COVID-19

What a strange time in world history. Who could have predicted COVID-19 would close down the US (world) economy? Because of this unforeseen event, many businesses have been taking precautions to reduce exposure and transmission among employees. Global business giants like Amazon and Twitter, as well as local businesses, are implementing precautions which include work travel bans, cancelling in-person meetings and conferences, and encouraging employees to work from home or "self-quarantine" until a vaccine or cure has been found.



By Billy Joe Long PSA Computer Services www.psa-2.com

With millions of people working from home for many weeks now, there has been a real need for remote desktop services, and video conferencing services to help keep businesses functioning, and to keep families and friends, separated by distance, connected. There are quite a few companies and products that facilitate remote working. Zoom, Google Meet, and Microsoft Teams provide quality video-conferencing services, and TeamViewer and LogMeIn provide remote desktop services.

Working from home can be a real challenge, but with the right set of tools, a healthy dose of patience, and a solid internet connection, you can still connect with your colleagues and access your remote computers to accomplish the work you need to get done.

While working from home, keep these three ideas in mind: (Continued on Page 2)

- Remote Work (Continued from Page1)
- 1) Set time boundaries between work and personal time. Working from home can seriously blur the line between work hours and personal hours. This constant connectivity, if not controlled, can lead to increases in your stress and anxiety levels. It can also make you a very distracted individual.
- 2) Get some exercise. Going for a walk around the block a couple of times a day can make a world of difference to your stress and anxiety levels. Remember to leave the phone at home.
- 3) Connect with another person. Take time to sit down and talk with someone in your home, without distractions, and you will feel better for it. If you live alone at home, this can be a little more difficult, considering the stay at home order, but you need contact, so on that walk you'll be taking, if you see someone else, don't be afraid to say, "Hi".

I hope you and your families are well during this time. If you would like more information or have questions about how you can use remote services, give PSA Computer Services a call at (707) 506-6228.

#### News and Notes

#### Many events, activities cancelled, uncertain

The newsletter is short again this month because so many events and activities are on hold. Please support our advertisers - these are businesses assisting the chamber - along with other area businesses, as they reopen. Please consider helping them with purchase of gift cards, for instance for Father's Day, weddings, graduations and anniversaries, when looking for a gift.

BEFORE

AFTER

#### Neighbors pitch in to fix the street

Chamber board vice president Jim Brickley provided these photos to show the before and after of a street repair a few residents in the area of Curtis Lane took on to fix a pothole that they felt had been around too long. They put in rebar, and filled in the hole with patching material.



#### Food for those in need

The Journey Church at 95 Belleview Ave., Rio Dell continues to be open on the third Thursday of the month from 9 a.m. to noon for those needing food. In addition, the Community Resource Center, on restricted hours during the pandemic, will provide a free bag of food while supplies last for those in need.

### Kiwanis corner by Carole Arrington, Secretary

As the "Shelter in Place" order continues, many of us are left to wonder what the future holds for us, our communities, our state, our country and the world. Kiwanis is an international organization and clubs around the world are coming together to offer help and hope during this crisis. A club in Illinois started a food pantry and a Florida club is providing hot meals to anyone in need. A club in Jamaica organized a relief plan called #WECARE and addressed the critical needs of front line medical and service workers as well as those who are particularly vulnerable to the virus.

Kiwanian Scott Kleine of Indiana used his skills as a fabricator to create and develop a device to help protect health care workers from the virus when working in close contact with an infected patient. When a club in Ontario Canada couldn't hold its annual music festival, members figured out a way to keep the music going using a virtual format. These are just a few examples of how clubs around the world have responded to the crisis, finding ways to continue to help their communities.

We are all connected – and as we worry about what the future holds, let's try and focus on the positive and how we can help each other through this crisis. Check on a neighbor, deliver a bag of groceries to a family in need, order a meal from a local restaurant, video chat with your parents and your grandchildren, send flowers to a friend. Above all else, reach out if you are in need. We are a small but mighty community and we are all in this together.