~Artist of the Month~

Nancy Kogler Cook



Nancv Kogler Cook is a new artist whose work is on display at

the Eagle Prairie Arts District gallery. Cook, who moved to Humboldt County last summer with her husband to manage a Fortuna mobile home park, has been fashioning found rocks and driftwood that she collects in her walks, into pieces that can be used as home or garden décor.

"I'm an outdoor person," she says, and has been in awe of the variety of rocks she sees, as well as the color and texture of driftwood she finds on beaches. The idea to put them together came more recently, and she continues to learn what types of materials work best in various situations.

A California native and mother of four grown children, Cook worked for a decade as a surgical technician, which allowed her to develop her mechanical side. "I loved orthopedics - the tools!" she laughs. She uses that same mechanical aptitude to determine how to best fit the rocks and wood into her latest creations. "You have to look at the balance and weight," she explains, noticing that there's symmetry where there is balance.

Happy to have time to devote to her long-held interest in art, Cook welcomes visitors to see her work at the gallery, located at 406 Wildwood Ave., Rio Dell.

Rio Dell-Scotia News

~AROUND TOWN~ VOL.XVI NO.IV

FREE!

THE CITY NEEDS YOUR INPUT

Planning Commission Ponders Role of Pot

The Rio Dell Planning Commission has been hearing input from the public at regular meetings for two months, crafting a proposed marijuana ordinance for the city. Commission members have heard from industry representatives, and encouraged community input, on what the city's regulations should be towards the commercial cultivation, distribution, sale, and manufacture of medical cannabis products within the city limits, as the state readies itself for the anticipated legalization of marijuana.

Without this local ordinance the City will fall under State regulations. Please attend the final scheduled Planning Commission meeting regarding Rio Dell's proposed Commercial Marijuana Ordinance on April 12th, 6:30 pm at City Hall to provide your input. The ordinance proposed by the Planning Commission is expected to go to the City Council on April 19th for discussion and possible approval.

In other business, the commission recently seated Melissa Marks, former city council member, to fill out the term of Bud Leonard, who resigned from the commission due to health issues. Marks joins chair Nick Angeloff, other city business owners Billy Joe Long and Alice Millington, and former city council member Julie Woodall on the commission.

Save the date!

Community markets will return to Rio Dell May 14, with the annual Art, Brew & Barbeque event. Community markets are held the second Saturday of the month, May through October, and feature vendor booths, live music, crafts and more, sponsored by the Eagle Prairie Arts District. Watch for more details soon!

With spring, another business is about ready to bloom in Rio Dell



TO GO ORDERS 707-764-2010

128 Wildwood

letyskitchen@gmail.con

1328 Eeloa Ave., Rio Dell

707 764 201



Do community service instead of paying courtordered fines and fees!

Those eligible for the Homeless and Caring Court program can convert their fines into community service hours by volunteering at an area nonprofit organization. Contact the Rio Dell Community Resource Center (764-5239) to see if your case is eligible and to apply. All intakes require the ticket/case number, which you can get from Revenue Recovery (call 476-2398). Don't let your citations become a barrier to getting employment, housing, your driver's license or more. Violent crimes and DUI/Wet and Reckless cases are not eligible.

Get exercise, have fun, grow healthy food at the community garden!

Contact the Rio Dell Community Resource Center to learn about the community garden and how to rent a plot for this year at the community garden, at the Rio Dell Baptist Church, 100 Butcher Street, Rio Dell. It's a great way to get fresh air and exercise, make friends, teach children about where their food comes from, and get wholesome, fresh produce. Cal Fresh (formerly food stamps) can be used to buy vegetable seeds and starts.

Movie about '64 flood to be shown at Winema

High Water Mark, a newlycompleted video about the 1964 flood, will be shown at the Winema Theater in Scotia on Saturday, April 16. Tickets are \$10. Doors will open at 6:30 p.m. and the film will begin at 7:30 with an introduction by the filmmakers, a local consortium called Jete-Miro Productions. The film is feature length and the program will end around 9:30. Copies of the film will be available on DVD for sale after the event.



Truck and Auto Parts

Massage of the Redwoods

Cynthia Rogers, Masseuse ~ 722-1773 or 499-5475~ Gift Certificates & Punch cards available Feel better fast

Inside the Scotia Bluffs Community Health Center- 502 B Street - Suite A - Scotia, Ca.

Open Mon-Fri 8:30-5:30 Sat 9-5, Sun 10-4 33 Center Street, Rio Dell 764-5632

FAITH CENTER SOUTH

This church service takes place every Sunday from 6 to 7:15 p.m. at the Winema Theater in Scotia.

Services include live music, a message, coffee and dessert. Children's ministries are provided at the Scotia Inn.

Faith Center | (707) 442-1784 www.eurekafaithcenter.org **New Playgroup for Children (0-5) and Their Parents** The Rio Dell Community Resource Center will be starting a second Playgroup on Mondays at the Church of Christ on 2nd Street. Monday Playgroups will be indoor activities, offering healthy snacks and interactive play from 10 a.m. to noon. Friday Playgroup will continue to be held at the Early Head Start classroom from 10 a.m. to noon as usual.

Bread for Life hours to change

The Bread for Life Pantry hours will be changing in April. Commodities will be the 3rd Thursday of the month from 10 a.m. to 2 p.m. and will no longer be open that following Friday. If you can't make it on Thursday, please call the Rio Dell Community Resource Center to see how you can still receive your monthly food box.

New look for the newsletter

Have you noticed this newsletter now offers color, and photos? That's because the Community Resource Center has kindly offered to print it, in facilities that offer these options, at no cost to the chamber, each month. So enjoy our smart new look, and added capabilities. Call for information about advertising, too!

Youth Art Classes

An art class for school-aged children is offered every Tuesday, 3:30 to 5 p.m., at the Eagle Prairie Arts District gallery, 406 Wildwood Ave., in Rio Dell. Instructor Amy Embree teaches many art media, and the class is free. She asks for a small donation to cover a snack, drinking water and art materials. Embry is seeking seniors interested in volunteering during this time to work with the children and do art projects as well.

Scotia School Slates Events

Group photo day will be April 7, and spring break is April 11 to 16 at the Scotia school. The school board meeting will be April 21 at 7 p.m.



- Awesome Band
- **Relevant Topics**
- Children's Ministries
- Come Experience the Love, Presence, and Power of God!

www.thejourneyhumboldt.com 10 am SUNDAY 764-5460

Rio Dell Readies For Summer Traffic With New Directional Signs

The Chamber of Commerce will be deploying these signs soon, thank you to the High Rock Crew for making them and Mr. Kemp for facilitating.



DR. BRIAN CALVERT O.D.

~Family eye care~

Examinations Modern evewear

Most insurance accepted Mon. -Thurs.9- 5:30p.m. 3429 Renner Drive



Humboldt Gables Motel

"Clean and cheerful" Best rates, AAA-approved •40 West Davis St. Rio Dell •764-5609

Scotia Hardware & Rental

115 Main Street, Scotia Phone # 764-1780 March Specials:



50-Lb. Dry Dog Food: \$16.99. 1.5 Cu.Ft. Moisture Control Soil: \$4.99. 3-Lb. Quick Lawn Grass Seed: \$3.99. Solar Stake Light: \$1.99.

Come on in to check out our new patio furniture, barbecues, and lawn mowers!

~Meeting Calendar~ **Rio Dell/Scotia**

Rio Dell Senior Center-

Senior Meeting & Lunch every week at The Church of Christ, 325 2nd Ave., Rio Dell,.

Meeting time - 10:30 a.m. - 3 p.m. Lunch is catered by CC Market and is served at noon. Please call 764 -3629 the Monday before to reserve a lunch if you plan to attend.

Senior Brown Bag Program- Food boxes given the 2nd Thursday of every month for local seniors. Boxes distributed from 11:30 a.m. - 1 p.m. at the Church of Christ, 325 2nd Âve. in Rio Dell. To sign up call Food for People at 445-3166.

<u>Rio Dell Library-</u>

Tuesday-11-4, Wednesday – 1-6, Saturday-11-4

There is a First5 Puppet Story Time every second and fourth Saturday of the month starting at 11:00 am with story teller Kathy Frye. 715 Wildwood Ave, 764-3333.

Rio Dell Playgroups Now Open~

Playgroup is open again. Come join us for fun and activities! Every Friday from 10-12p.m. Inside Early Head Start Building-95 Center St. and Mondays from 10-12 at the Church of Christ on Second Street. For families & care givers with children 5 and under.

Emergency Food-

The Journey Church, 95 Belleview Ave. Rio Dell, Tuesday & Thursday 9 a.m. - 11:30 a.m.

Rio Dell-Scotia Chamber of Commerce, 406 Wildwood Avenue in Rio Dell. Tues.-Thurs. & Sat. 11 to 4. Meetings are held the 3rd Tuesday of each month 12 pm at the Rio Dell Pizza Factory. For more info call 506 -5081.

Bread for Life Food Pantry- 143 Main Street, Scotia, 3rd Thursday, from 10 am -2 p.m., For more info call 764-5239

Clothing Closet-

Ruth's Room: Rio Dell Baptist Church, Tuesdays 9 a.m. - 12 p.m. Call 764-3811 for more information. **Eagle Prairie Arts District** Activities

Arts on the Avenue second Saturday, May-October. Meetings are held on the 1st Thursday of each month at 6 p.m. in the Chamber's Visitors Center. Call 506–5081 for more info.





Mon-Friday 8:30 a.m.– 5:30 p.m. 534 12th Street BlueCross BlueShield Fortuna, CA 95540

Phone: 707-725-5777 Fax: 707-725-5165 Email: rossinsurance@northcoast.com



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Bread for Life Pantry Hours Have Changed

Commodities will be the available the third Thursday of each month from 10 a.m. to 2 but will no longer be available that following Friday. With a Choice Pantry you can choose items among the food being distributed every month. If you can't make it on Thursday, please call the Rio Dell Community Resource Center to see how you can still receive your monthly food box.

Phat Rabbit Boutique

375 Wildwood Avenue, Rio Dell, Open 12-6 Tuesday—Saturday, Specializing in things for the ladies! Designer Jeans, Purses and Jewelrv Owner Sarah Williams Call 707-764-2777

The Strong and Better **Balance** Program

764-3591

Palco Pharmacy Scotia Shopping Center

Come in for friendly service

9-6 M-F. 10-2 Sat



Strong and Better Balance Program is for seniors or anyone wanting to strengthen their bones or better

their balance to prevent falls and broken bones. This program is FREE of charge to attend! The group will be meeting from 12-1 pm every Monday, Wednesday and Friday at the Baptist Church (100 Butcher Street, Rio Dell). Come on out and join the many that are already attending to build and maintain good health! If you would like more information please call Susan at 707-407 -8707.

Monday and Friday Playgroups

Rio Dell Community Resource Center is now providing two First Five Playgroups: Monday at the Church of Christ on 2nd Street and Friday at the Early Head Start classroom, both from 10 a.m. to noon.



Susan Pryor-Realtor We Take Action for Your Needs!

1055 Main St., #1 Fortuna, CA Cell: 707-845-2967 Office: 707-725-1820 License #01742845 Email: susanactionrealty@sbcglobal.net

Notary Signing Agent www.actionrealtyhumboldt.com

Rio Dell-Scotia News

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> Rio Dell. St.JosephHealth St. Joseph · Redwood Memorial



Sin importar la capacidad de pago