

101 Café Now Open Friday Nights

The 101 Café, just before the bridge to Scotia in Rio Dell,

is now open Friday nights, and weekends from noon to 9 p.m., shortened hours due to owner Carmen Padilla's new day job which takes her away during the week. She whips up meals from the menu of American and Mexican favorites assisted by daughter Zalie, a senior at Fortuna High, and son Carlos, who attends College of the Redwoods.

"She's the man," laughs husband Juan Padilla about his wife's role as owner, noting that the family purchased the business about five years ago, and lives a short walk away. Carmen had worked previously for 15 or more years at area Mexican restaurants, he says, and loves what she does. That's why, when the owner of eight Aztec Grill restaurants recently offered her a management position overseeing them, she necessarily cut back hours at the café, but keeps it open, working seven days a week.

"She's a workaholic, but then, work is in our DNA," notes husband Juan, a social worker helping children and the developmentally disabled in his career. (Continued on Page 4)

Zalie Padilla



Rio Dell-Scotia News

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Rio Dell Fire Chief Takes On New Role: Remains With Rio Dell VFD



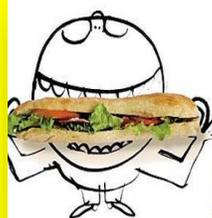
Rio Dell volunteer fire chief Shane Wilson starts a new job this month, while keeping the fire chief role, something he initially thought he would need to give up. Wilson's new gig is as deputy state fire marshal in the North Coast Region, including Humboldt and neighboring counties, in the division of fire and life safety. Responsibilities will include inspecting large facilities such as theaters and arenas and events such as fireworks shows.

The state fire marshal's office often spins off inspections of smaller facilities such as day care centers and care homes to local fire departments, so Wilson has been holding related roles for years. He joined the Rio Dell department as a fire fighter in 1996 and became chief in 2005. Initially he was told by the fire marshal's office he might need to give up the chief role, which he said was the hardest part of the decision to accept the new job. Later, he was told it was up to him, the department and board to decide how he could manage the two roles. The new job will require Wilson to be in Sacramento for at least six months of training to start.

Wilson said his board and assistant chiefs were in favor of his continuing as local fire chief. He sees the needed cross-training that will result as others take on more day-to-day operations as a good thing, because it is important that knowledge is shared widely. Looking back at his decade as chief, he cites big advances in equipment and technology that make the job very different now than in past years. "Getting the new truck was a big milestone," he says of the latest piece of firefighting gear. The cohesiveness that now exists among area fire departments is also a huge asset, and one that hasn't always existed. "Today there are regular chief meetings of the departments in the Eel River valley," he says, and fire fighters train together in a volunteer fire academy started in Fortuna in 2007. This sharing and camaraderie are vital to ensure coverage when fires happen, Wilson says, and making sure fire fighters are conversant with the equipment of other departments will be a big next step.

With the new truck in place, the department plans to gift its 45 year old pumper to Shively, where 50 families, vulnerable part of the year with limited road access to be served by neighboring departments, have begun to form their own firefighting unit. Mentoring that group is another example of the collaboration among departments.

Wilson has worked for Cal Trans since 2000, most recently as an engineering technician, supporting civil engineers in hydraulics, which he said primarily meant inspecting culverts. Previously he worked in storm water and bridge crew departments at Cal Trans and before that, for seven years he was at Palco, as the Scotia mill was then called.



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News and Notes

Palco Pharmacy slates holiday open house

There will be drawings, prizes, giveaways, and sale prices Thurs., Dec. 1 at Palco Pharmacy in Scotia. Santa will visit, there will be refreshments, and discounts of up to 50 percent off on selected items.

Holiday performance set at Winema

The annual play performed by the Dell 'Arte Company, based in Blue Lake, will be held at the Winema Theater in Scotia on Thursday, Dec. 1 at 7:30 p.m. This year's performance is *Alice in Wonderland*, and it is free and open to the public. Those attending are asked to bring a non-perishable food item for the local food shelf as a donation. Unable to attend? A nearby performance will also be held Dec. 4 at 6 p.m. at the Loleta Fireman's Pavillion. This is the 36th year that Del Arte performers have put on holiday plays in area communities.

Energy presentation slated

Come to a presentation to learn more about Community Choice Energy at 6:30 p.m. on Friday, Dec. 2 at the Rio Dell-Scotia Chamber of Commerce office at 406 Wildwood Avenue in Rio Dell.

Community Choice Energy service is scheduled to begin in Humboldt County in May 2017. Proponents say it offers lower rates on electricity, keeping the benefits and control in the county. Such programs are already offered in other counties, including Sonoma and Marin. PG&E will continue to provide electric system maintenance, billing services, and CARE and other discount programs. The City of Rio Dell voted Nov. 15 to join the program, and Humboldt County has joined, meaning residents and businesses in Scotia and other unincorporated areas will be able to participate.

Tree lighting set in Rio Dell

A holiday kickoff will take place on Sat., Dec. 3 at 5 p.m. The event, sponsored by the Rio Dell Scotia Chamber of Commerce, will feature the lighting of a tree on Wildwood at Berkeley, refreshments by the Rio Dell Community Resource Center, a visit by Santa and the singing of carols and other holiday favorites, led by choirs from the Rio Dell First Baptist Church and Journey House. The event will be held at the chamber office, at 406 Wildwood Ave., at the corner of Columbus in Rio Dell and is made possible by major donations of Humboldt Redwood Company and the Community Resource Center.

Running low on food this week?

Come to the Community Resource Center at Wildwood and Monument and get a bag for your family or just for yourself; no income verification is needed.

Storytime at Rio Dell for Children

Eagle Prairie Elementary School and the Rio Dell Community Resource Center have started Storytime again. Families with children under five years old are welcome to come to the school library Mondays from 8:20 to 9:20 a.m. on weeks when school is in session. The program is meant to develop childhood literacy through stories and crafts. Snacks are provided.

Holiday Hours

The Rio Dell Community Resource Center will be closed on Monday, Dec. 26 in observation of Christmas.

Rio Dell school news

The school board will meet Dec. 14 at 5:30 p.m. The Parent Teacher Organization will hold a Christmas store in the MMU Dec. 16 from 9 a.m. to 5 p.m. Those interested in being vendors should contact Ms. Sauers at 764-5694, ext. 411. The School Site Committee meets Dec. 20 at 5 p.m. The Winter Concert is Dec. 21, 6:30 to 8 p.m. Schools will let out for Christmas break Dec. 23 at 1 p.m. and the break will be Dec. 26 to Jan. 6, 2017.

Scotia school news

The school board will meet Dec. 8 at 7 p.m. The annual Christmas program will be held Dec. 20 at 7 p.m. at the Winema Theater. The Christmas store, a project of the Parent-Teacher Organization, will be Dec. 21 from 9 a.m. to 1 p.m., also at the Winema. School will let out for Christmas break at 1 p.m. Dec. 23 and reopen Jan. 9, 2017.

Holiday food distributions scheduled:

Mark your calendars! For those who have signed up, holiday food will be distributed at the Bread for Life Pantry at 143 Main St. in Scotia on Thurs., Dec. 22 from 11 a.m. to 5 p.m.

LuLaRoe Fashions Provide Home-Based Business



LuLaRoe is a brand of women's and girls' fashions that one is increasingly hearing about. Several area women are selling this line, which has the slogan, "Where fashion meets comfort." One such businesswoman is Katrina Richter of Rio Dell, who only began selling for the company in September and is keeping busy with the demand. "We do home parties, and people can contact me and come to my house to see the fashions," Richter says. She also partners with others selling the line to offer events such as "pop-up sales" at various events and locations, and Facebook "live sales," which she says is like Skype where she shows the products she has, using an app she can activate on Facebook, and those watching can message her to purchase the item. Richter, who until recently had been an at-home mom to a teenage son and the person doing books for husband Bryan's construction business, decided she wanted to try this venture. (Continued on Page 3)

LuLaRoe (Continued from Page 2) "I have been selling Young Living essential oils," she notes. She had to buy the clothing racks that crowd her kitchen, and other storage and carrying totes to transport her wares, so there was an initial investment, but she is finding there's a great demand for the product.

The line offers some twists over the way other clothes are marketed, she says. The company began in a garage three years ago and took off phenomenally. There's a website where people can see the fashions, but not purchase there. People selling LuLaRoe can't have a permanent store-front. And the clothes are made in quantities of only 5,000 of a type, and shipped to a nationwide sales force. As a result, people looking for various styles or patterns sometimes go to extremes to find them, and there are cases of leggings, which retail for \$25, being sought by people willing to pay thousands of dollars.

People who want to shop at her home or schedule a house party can call her at 496-6445 or message her on her Facebook sales site, <https://www.facebook.com/groups/LuLaRoeKatrinaRichter/>.

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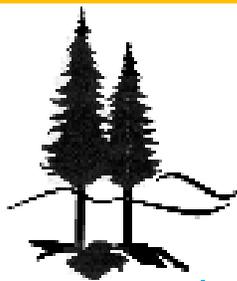
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~Meeting Calendar~

Senior Brown Bag Program

Food boxes given the 2nd Thursday of every month for local seniors. Boxes distributed from 11:30 a.m. - 1 p.m. at the Church of Christ, 325 2nd Ave. in Rio Dell. To sign up call Food for People at 445-3166.

Rio Dell Library

Tuesday-11-4, Wednesday - 1-6,
Saturday- 11-4

There is a First 5 Puppet Story Time every second and fourth Saturday of the month starting at 11:00 am with storyteller Kathy Frye. 715 Wildwood Ave, 764-3333.

Emergency Food

The Journey Church, 95 Belleview Ave. Rio Dell, Tuesday & Thursday 9 a.m. - 11:30 a.m.

Rio Dell-Scotia Chamber of Commerce

406 Wildwood Ave., Rio Dell.
For more info call 506-5081.

Bread for Life Food Pantry

143 Main Street, Scotia, 3rd Thursday, from 10 am -2 p.m., For more info call 764-5239.

Clothing Closet

Ruth's Room: Rio Dell Baptist Church, Tuesdays 9 a.m. - 12 p.m. Call 764-3811 for more information.

Eagle Prairie Arts District

Meetings are the 1st Thursday at 6 p.m. at the Gallery/Visitor's Center. Call 506-5081.

Women's Health Project Breast and Gynecology Eel River Valley Outreach Center:

707-726-7919 or 825-8345

Friday Playgroups

The Community Resource Center provides a First Five playgroup Fridays 10 a.m. to noon at the Early Head Start classroom, 95 Center St., Rio Dell.

SAIL

Staying Active and Independent Living helps prevent falls and broken bones. This free program meets noon- 1 p.m.

Mon., Wed., and Fri. at the multi-purpose room at Monument Middle School, 95 Center St., Rio Dell. Call Susan at 407-8707. Join us!

Happy Holidays!

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Rio Dell-Scotia News

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Submissions deadline for January newsletter copy is December 16th.

Call the Rio Dell-Scotia Chamber of Commerce at 506-5081 to advertise..



St. Joseph • Redwood Memorial

Giving Tree Planned

Donations of presents for community children and their families will again be accepted this holiday season. The Rio Dell Community Resource Center will again coordinate the effort, and have a Giving Tree at Rio Dell City Hall. Watch for this opportunity to share the sense of giving with others. Tags on the trees, suggesting specific needs, will say that the presents can be returned to Bigfoot New and Used Treasures, the Rio Dell Community Resource Center, and Rio Dell City Hall, all on Wildwood Avenue in Rio Dell. The Giving Trees will be out until December 16th.



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Café 101 (Continued from Page 1)

In his spare time he visits auctions where he purchases items to resell in the café, where walls are covered, and display cases filled, with eclectic items representing the crafts of several indigenous populations, and large, framed posters.

MINGOS



Next door, **Mingo's Bar** is open seven days a week, from noon to 2 a.m. On Friday nights and weekends, people can continue to order off the menu from the neighboring 101 Café, with meals passed through a serving door between the two businesses. The bar subscribes to the "Sunday ticket" of DirecTV

sports offerings on its TVs, including Monday and Thursday night football. On those nights, a potluck starts at times that vary with the timing of the game, but typically around 6 p.m. Manager Nitasha Baird suggests "liking" the bar on Facebook as a way to be apprised of events and activities. Owner Leon Logan works there occasionally but is semi-retired, he notes. He purchased the bar in 1995 after working about nine years for the prior owner, Mingo Bianchi, who died in 1991 at age 80. "The bar started in 1936 down the street," he says, and moved to its current location in the mid-1940s. At the time the bar, restaurant and a bowling alley were all under one roof, but the bowling alley closed after the earthquake in the early 1990s, he said.

Rio Dell Groundbreaking

Officials from federal, state, county and city agencies involved in the project to bring the Metropolitan well online as an emergency water source for the City of Rio Dell gathered for a ground breaking Nov. 17 at city hall.



Mayor Frank Wilson thanked those who played a part in making the effort a reality, bringing \$1.9 million in infrastructure improvements to the city with 97 percent of the cost covered by grants. Because the well site was muddy, the event was staged at city hall, where participants tossed dirt in a commemorative event covered by Channel 3 TV.