

Rio Dell-Scotia News

January 2003

Chamber of Commerce Newsletter

Vol. III, No 1

Medical Care

Mobile Medical Unit

Dr. Wendy Ring and Dr. Mary Meengs are please to announce that they are returning to their previous 'every Monday' schedule in Rio Dell.

Thanks to a federal grant and an additional doctor, they are able to expand their services. Call the Rio Dell Community Resource Center to schedule an appointment. 764-5239.

Annual Health Fair

Take advantage of this opportunity to receive free health screenings, testing, demonstrations, education, and more. St. Joseph Hospital and Redwood Memorial Hospital present their Annual Health Fair. Saturday, February 1st, 2003, Bayshore Mall.

Pancake Breakfast

Join the 8th grade students at Monument Middle School for a yummy breakfast to help support their class trip. Sunday, February 2nd, 2003. Eagle Prairie Gym.



~ A time for renewal ~

January is, traditionally, a time for renewal, a time for setting new goals in personal life as well as in business activities. It is time, too, to renew Chamber of Commerce memberships and to recruit new members. Renewal notices will be out soon. Dues are \$65 per year for businesses and \$25 for individuals.

The election for new officers and nominations for Individual of the Year will be held in late February. We decided to have the membership drive and installation dinner a little further apart this year. However, now is the time to start thinking about someone you would like to nominate for Individual of the Year. Nomination forms will go out with membership notices. Also, we will have a few board vacancies, so think about becoming a Chamber of Commerce Board Member.

Judy Pieratt, President

Winter action

Swim...press weights...play ball...

Athletic programs for children and adults are offered this winter for members of the PALCO Recreation Center as well as for non-members, for whom some restrictions apply.

- Pool activities include swim school, masters swim, water aerobics, lap swimming and open swim.

- Gym and court action includes Pee Wee Basketball for boys, grades 1st through 6th. Sign-up deadline is January 7.

- Basketball League for men and women 18 and older, Saturdays 1 to 5pm. Teams are made created upon arrival on Saturdays. Members only.

- Build a beautiful body with the Rec. Center's new Weight Trainer program. Members only.

- For more information and other non-member restrictions that apply, pick up Lynn's Newsletter for January-March at the Rec. Center in Scotia, or call 764-4377.

BUSINESS REVIEW

by Albert Miller

Computer service locates in Rio Dell

Searching for a cleaner environment in which to live and work, Saul Goldfarb from Phoenix Arizona discovered the California North Coast. He settled in Rio Dell last year and he brought his computer repair business with him.

- Saul operates with low overhead, comes to the customer and charges only his cost on parts. There's a \$25 minimum for house calls and [get this] a \$50 maximum for his services.

- He will even build you a new computer for fifty dollars plus parts, he said. I have yet to try him on that but can vouch for his low rates and service efficiency on three urgent calls to fix my home computer. Call 764-3975.

Community Spirit

The Rio Dell Community Action Forum would like to thank everyone who helped create another successful Christmas Drive Program. It's a community project and couldn't be done without you.

Rio Dell Volunteer Fire Dept, City of Rio Dell, all the students in the Rio Dell School District, Humboldt Assc. of Realtors, Mel & Grace McLean Foundation, (Cont. page 2)



"We Toss 'em, They're Awesome!"
PIZZA FACTORY
185 Wildwood Ave., Rio Dell •764-2233



Dollar Store ~ 764-3526
One-stop A to Z shopping
Gift certificates available
406 Wildwood ~ M-F 10-7, Sat-Sun 9-5



Humboldt Gables Motel
"Clean and cheerful"
Best rates AAA-approved
•40 West Davis Street •764-5609



neatto's deli
~gourmet sandwiches~
soup & salad, ice cream, smoothies
758 10th Street, Fortuna •725-3742



Wildwood Feed & Farm
and full service hardware!
•Shop locally first!
770 Wildwood Ave, Rio Dell •764-3216



Hand-Dipped Chocolates
Party supplies
Candy Castle 331 N Fortuna Blvd
Fortuna, 725-0305



AFCO Auto Sales,
service & vehicle recovery
541 Wildwood Ave., Rio Dell
1339 5th St., Eureka 845-2765

Home of free checking
usbank Main Street, Scotia
Five Star Service Guaranteed 764-4000



PARNELL'S MARKET
Convenient & Friendly
194 Wildwood, Rio Dell •764-2284



SCOTIA HARDWARE
•plumbing •housewares •toys
•paint •equipment rental
•tools •UPS shipping
Main Street, Scotia •764-1780



KREATIONS AUTO BODY
Collision Repair
Paint ~ Customizing ~ Free Estimates
750 Wildwood Ave, Rio Dell •764-3525



Palco Pharmacy
Scotia Shopping Center
Come in for friendly service
Hours 10-6 M-F, 10-2 Sat •764-3591

Uniforms needed

Cross-country runners

Unlike competition track runners, 6th-grade teacher Lisa Barsanti's seven cross-country runners, grades 4-6, run on any terrain—on beaches, prairies, hills, through the woods. They train two days a week and compete with cross-country teams from Weott to McKinleyville. Last year they placed 3rd at the Meet of Champions in Eureka.

•The team hopes to get uniforms that will match their spirit and pride during this year's events. Interested sponsor and donors can call Lisa at 764-5694, ext.304.

Christmas tree recycling

Pacific Lumber will accept Christmas trees for recycling this year. Trees must be in the natural state with no tinsel, flocking or any attachments. Go south just past the Scotia Fire Hall and take the first road to the right to their Green Waste Facility. E

Rio Dell-Scotia News

Published the first of the month by the Rio Dell-Scotia Chamber of Commerce. Funded by local merchants and by a grant from Humboldt Area Foundation. Printed at Palco Print Shop in Scotia and distributed free throughout Rio Dell and Scotia, CA
Copyright 2002, all rights reserved.
95 Center St., Rio Dell, CA 95562
E-mail: jpieratt@sjc.sjoe.org
Editor: Judy Pieratt 764-5239
Fax 764-2249
Guest Editor: Albert Miller, 764-2065

Calendar of Events

Rio Dell

Jan 7: City Council meets at 6:30 pm in the City Hall.
Jan 8: Community Action Forum, 6-8 pm, 95 Center Street, Tel: 764-5239.
Jan 9: School Board meets 5:30 pm Eagle Prairie School.
Jan 9: Community Pride Committee 6:30 pm City Hall
Jan 11: Saturday Recycling 10 am-1 pm, Chamber of Commerce, 715 Wildwood
Jan 13: PTO meets at 3:30 pm at Eagle Prairie School.
Jan 14: City Council meets at 6:30 pm in the City Hall.
Jan 23: Community Pride Committee, 6:30 pm, City Hall
Mondays: Mom Coffee, 9-11 am, Repsyncycled Arts, 108 Wildwood
Mondays: Bingo - Doors open at 5:30, game starts at 7 pm in the Fireman's Hall.
Tuesdays: Senior lunch at the Church of Christ 325 2nd Ave. Call one day in advance to reserve lunch, 764-3629.
Tues & Thurs: Community Valet Recycling 3-3:30 pm 95 Center. Student sponsored.
Tues & Thurs: Senior Exercise Classes, 2-3 pm, Assembly of God Church, 95 Bellevue.
Fridays: Senior lunch potluck, 325 2nd Ave, no reservation. Church of Christ, info: 764-5239
Saturdays: Sewing Circle -8 am to 2 pm, Repsyncycled Arts, 108 Wildwood. More info: call 764-3473.

Scotia

Jan 9: School Board meets at 7 pm, Scotia School
Jan 14: PTO meets at 3:30 pm in the Scotia school library
Fridays: Weight Loss Support group meets at 8:30-10:30 am Scotia Union Church 764-5929
Food Pantries
Bread for Life 204 Church St, Scotia, Tues & Thurs 10 am-11:30 am.
Commodities Church of Christ 325 2nd St, Rio Dell, 3rd Thurs. each month 10 -1 pm. Proof of residency is needed.
Emergency food Assembly of God Church, 95 Bellevue, Rio Dell, Mon-Thurs, 9 am-4pm.

Classified

Wanted to Buy - Fresh goat milk and fresh eggs on a regular basis delivered in Rio Dell, or I will pick up. Call: 764-5857
Mary Kay Cosmetics & Skincare - To purchase products (20% off 1st Order), have a complimentary facial & make-over, Host a Skin Care Class, earn free products, learn about Mary Kay Career Opportunities, call Lenore at 764-3113.
Wanted to Rent - Approx. 1,000 square feet of commercial space on Main Street, downtown Rio Dell. Call: 764-3376 or 764-5423.
Delivery Driver/Food Service - Apply at 185 Wildwood. Must be age 25 or older with a clean DMV record.

Free canned and dried food: Thanks to the students in the Rio Dell School District and their families, the Community Resource Center has 100s of canned & dried food left over from the Christmas food drive. Bring your own bag and load up. Mon-Friday, 8:30-12:30 p.m., Closed New Years Day. The students collected over 3500 cans. Wow!! Thank You

New library books



New books in Spanish at the Rio Dell Library. Subjects cover family health, education and home maintenance. Some titles include: *8 minutos por la mañana*, *52 maneras de prevenir la enfermedad cardiaca*, *Curas de la cocina latina*, *Ingles hecho fácil*, *Mama sana*, *Bebe sana*, *Bebe sano*, *Master the GED en español*, and *Mejoras para el hogar 1-2-3 y más*. Come check them out.

Computer assistance

Looking for help on a computer? Make an appointment with a docent, Wed 4:30-5:50 pm or Sat. 11-12 noon at the Rio Dell Library. Computers are available for patron use during open hours. 764-3333.

Community, from Page 1

The Rio Dell School District, Rio Dell Community Resource Center, St. Joseph Health System - Humboldt County, and all the teachers, school staff, and community members who made individual contributions. Thank You

We're on the Worldwide Web

Rio Dell-Scotia News is online at www.humguide.com/riodellscotia

HumGuide

Your online guide to Humboldt County
www.humguide.com/

Scotia Dental Center
New patients welcome
Mark A. Hise, MS DDS
500 'B' Street, Scotia 764-5300

Cunrier's Barber Shop
•full service •specialty cuts
& shaves •walk-ins welcome
105 Wildwood Ave. •Tues-Sat 8:30-5:30

Saul's Computer Repair
•I come to you •best prices
•upgrades •build from scratch
764-3975, Cell 845-1263

Alice Millington
Independent broker
By appointment-764-4080
Fax-764-4088 Multiple Listing System

Recycled Treasures
•Appliances •Furniture •Toys
•Clothing •Consignments too
435 Wildwood, Rio Dell •764-3376

101 PARTS CO.
Truck and Auto Parts
33 Center Street, Rio Dell •764-5632
Open Mon-Fri 8:30-5:30, Sat 9-5, Sun:10-4

FIGUEIREDO'S VIDEO MOVIES
Weekly specials
375 Wildwood •764-2200

HOBY'S MARKET & DELI
Shop Rio Dell & Scotia First
We are neighbors

CC MARKET •10% DISCOUNT
On your next purchase
•One coupon per family •Good thru 1/31/03

DRIVE A LITTLE, SAVE A LOT
'A-Vacuum Cleaner Hospital'
Repairs & supplies
490 S. Fortuna Blvd., 725-6257

Marlene's Laundromat
Wash & fold available
Mending & ironing
132 Wildwood •764-5557

